PSHE (Year 8)

Curriculum Map 2025-2026

HT 6 – Living in the wider world

HT 6 – Digital literacy

- Reserve Day
- Online financial security
- Grooming
- L4L Day 4 RSHE
- Online Communication & Social Networking Sites

HT 5 – Identity and relationships

HT 5 – Relationships

- Introduction to contraception
- Consent "Sexting"
- Healthy Relationships & Sexual orientation

HT 4 – Emotional wellbeing

HT 4 – Health and Wellbeing

- Digital resilience & coping strategies
- Daily wellbeing & managing emotions
- Attitudes towards Mental Health

HT 3 – Relationships

HT 3 – Discrimination

- L4L Day 3 World Culture Day
- Racism & religiousdiscrimination
- Gender identity, transphobia & gender-based discrimination
- Influences on beliefs & decisions

Year 8 - RSHE LFL

- Prejudiced behaviour
- LGBTQ+
- Marriage
- Internet Safety

HT 2- Community and careers

HT 2 – Living in the wider world

- Equality of opportunity, stereotypes & discrimination
- Goal setting for future careers
- L4L Day 2 Enterprise Day
- Employment, self-employment & voluntary work

HT 1 – Drugs and Alcohol

HT 1 – Transition and safety

- Prescription medication, habit & dependence
- LFL day 1 Equality and Diversity
- Influences of medicinal & reactional drugs
- Risks of alcohol, tobacco, nicotine & e-cigarettes
- The over-consumption of energy drinks