PSHE (Year 9)

Curriculum Map 2025-2026

HT 6 – Living in the wider world

HT 6 – Employability skills

- Habits, Strategies & Accessing support
- Enterprise & employability
- L4L Day 4
- Employment rights & responsibilities

HT 5 – Intimate relationships

HT 5 – Relationships

- Relationships in the media & Managing your own risks
- Consent

Year 9 - RSHE LFL

- Safe and happy relationships
- Contraception
- HIV
- Sex and the law
- STI's

HT 3 – Relationships

HT 3 – Respectful relationships

- Different types of families and parenting
- Positive relationships & conflict in the home
- Conflict Resolution and Managing change
- L4L Day 3

HT 4 – Healthy lifestyles

HT 4 – Health and Wellbeing

- The relationship between physical & mental health
- Making Healthy Choices
- Body Image

HT 2- Community and careers

HT 2- Setting goals

- Types of Employment & Career Pathways
- Aspirations & Meaningful Goal Setting
- L4L Day 2
- Skills, Abilities & Interests

HT 1 – Health and Wellbeing

HT 1 - Peer influence, substance use and gangs

- Gang Exploitation
- Behaviour and Communication
- LFL day 1 Diversity & Culture
- Managing healthy and unhealthy relationships