PSHE (Year 10)

Curriculum Map 2025-2026

HT 6 – Living in the wider world

HT 6 – Work experience

- Response to local/ global issue
- Managing workplace conflict and workplace Health and Safety
- Workplace responsibility and online presence
- L4L Day 4 Community Day/Trips
- Evaluating Work Experience

HT 5 – Addressing extremism and radicalisation

HT 5 – Relationships

- Challenging extremism
- Belonging
- Communities

HT 4 – Exploring influence

HT 4 – Health and Wellbeing

- Role models and the media
- Gang culture
- Vaping

HT 3 – Relationships

HT 3 – Healthy relationships

- L4L Day 3 RSHE
- Reducing inappropriate behaviour
- Unhealthy relationships and Managing unwanted attention
- Response to local/ global issue

Year 10 - RSHE LFL

- Healthy relationships - control
- Consent
- Pregnancy
- Cancer
- Screening

HT 2- Financial decision making

HT 2 – Living in the wider world

- Gambling and debt
- Fraud, scams and staying safe online
- L4L Day 2 Ethical Choices
- Managing money

HT 1 – Health and Wellbeing

HT 1 – Mental health

- Promoting emotional wellbeing
- LFL day 1 Equality and Diversity
- Recognising mental ill-health
- Reframing negative thinking
- New challenges