



Child Development: Areas for Development

Revision Resources

1	How children grow and develop – Growth and development https://childcare.gov/consumer-education/your-childs-development#:~:text=Child%20development%20describes%20the%20changes,important%20roles%20in%20children's%20development.
2	Physical development, 0 to 5 years old - Physical development https://www.virtuallabschool.org/infant-toddler/physical-development/lesson-2#:~:text=As%20infants%20and%20toddlers%20grow,part%20of%20small%20muscle%20growth.
3	Cognitive and intellectual development, 0 to 5 years old - Cognitive and intellectual development https://www.simplypsychology.org/piaget.html#:~:text=Children%20progress%20through%20four%20distinct,(11%20years%20and%20beyond).
4	Social intellectual development, 0 to 5 years old - Social intellectual development https://empoweredparents.co/intellectual-development-in-childhood/
5	Emotional development, 0 to 5 years old - Emotional development https://empoweredparents.co/emotional-development-stages/
6	Physical, environmental and socioeconomic, 0 to 5 years old - Growth and development factors https://lead-academy.org/blog/environmental-factors-that-affect-child-development/#:~:text=A%20child's%20ability%20to%20grow,been%20related%20to%20developmental%20delays.
7	Different stages of play, 0 to 5 years old - Stages of play https://kidskinder.com.au/stages-of-play-in-early-childhood/#:~:text=Parlers%20six%20stages%20of%20play,associative%20play%20and%20cooperative%20play.
8	Health and safety considerations - Risk assessment of play https://www.aistearsiolta.ie/en/introduction/new-resources/risky-play-birth-6-years-.pdf
9	How children learn through play - Learning through play https://www.unicef.org/sites/default/files/2018-12/UNICEF-Lego-Foundation-Learning-through-Play.pdf
10	Play and learning for development - Learning resources https://www.graygroupintl.com/blog/early-childhood-education-resources

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